

**North Stonington Christian Academy**  
**12 Stillman Road**  
**North Stonington, CT 06359**  
**Phone: (860) 599-5071      Fax: (860) 59902815**

**ATHLETE'S PLEDGE**

Dear Parents and Guardians,

The administration, teachers and coaches of North Stonington Christian Academy believe that the athletes who represent our school hold special responsibilities that extend past the regular school day. We also believe these athletes are leaders of our school who must behave in a manner worthy of this responsibility. Because of these beliefs, we have established the Athlete's Pledge and the following guidelines for all athletic teams at NSCA.

**PLEDGE**

*I promise, on my honor, to keep up in my school work, to obey all school rules and regulations, to keep myself in good physical condition, to play hard but clean, to be loyal to the team, to conduct myself at all times in a sportsmanlike manner, to be a credit to the school, and to take proper care of my equipment and return it when called to do so. I desire to bring glory to God through athletics.*

**ATHLETIC ELIGIBILITY REQUIREMENTS**

**One "D" or one failing grade** = One "D" results in academic probation during athletic season ("C" average of all grades must be maintained). If one "F", student is ineligible to play until grade is brought up (at midterm or end of quarter—whichever comes first). Parents will be notified in writing. A weekly grade check is to be submitted to the administration. Athletes are expected to show weekly academic progress.

**If no improvement** = Ineligible to participate in athletics for the remainder of the grading period

**One failing grade and one "D" or more** = Ineligible to play on team until end of the grading period

\*Students who are absent from school may not participate in sports events or practice on the day(s) they are absent.

**ACADEMIC PROBATION**

Students on probation will be responsible for a weekly grade check which will be submitted to the administration every Friday by the end of the school day. The probationary period will be in effect until either the next progress report or report card (whichever comes first). If the student has not raised the failing grade by either the next progress report or report card (whichever comes first), then the student will be removed from the team.

**SCHOOL RULES**

Athletes who violate the school rules will be subject to the school discipline system and will also be held responsible as a team member.

**Violation of school rules:**    **One detention** = A written warning sent home notifying the parents that a second detention will result in a game suspension, or a team suspension by the coach's discretion.  
   **Two detentions** = Automatic game suspension, team suspension at the coach's discretion  
   **Suspension from school** = Coach will make decision regarding student's eligibility to remain on the team

**ATHLETIC RULES**

Athletes who violate any of the following rules during a game or practice time will be suspended for at least one game or event and may face dismissal from the team. The decisions in these cases will be made by the coach, and, if necessary, the athletic committee.

- Rule 1: Athlete must display a Christ-like attitude with no poor and/or uncooperative attitude or behavior and no unsportsmanlike conduct.
- Rule 2: No fighting at any time, including verbal fighting. No taunting of other players.
- Rule 3: No rowdy behavior at any time.
- Rule 4: No violation of school rules and any other team rules that the coach, the administration, and the team feel are in the best interest of the athlete.
- Rule 5: Proper attire and sports equipment must be provided.
- Rule 6: Respect must be shown to coach, assistant coach, parents or other adults who are present at practices or games.

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**PLEASE RETURN THIS PORTION OF THIS FORM TO YOUR COACH**

- **I have submitted sports physical and permissions slip.**
- **I have read and understand the Athletic Rules and Athlete's Pledge.**

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Signature of Coach

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Signature of Participating Athlete

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Signature of Administration

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Signature of Parent/Guardian